#### **HOMELESS SERVICES**

## **Emergency Assistance & Supplies**

## **Manna Homeless Society**

 Food, personal care items, medical advice, spiritual care
 Call for outreach 7 days a week.
 250-248-0845

# District 69 Society of Organized Services (SOS)

 Clothing, food, income tax, medical needs, and use of phone to MSDPR office. For local residents. 245 West Hirst Ave. 250-248-2093

## The Salvation Army

• Food, clothing, & household items 886 Wembley Rd, 250-248-8793

### **Homeless Prevention Program**

Funded by the Government of BC and administered by SOS, this program assists with homelessness due to crisis or transition. It is available to:

- People leaving Corrections or Hospital
- Women who have experienced violence or are at risk of violence
- Youth (24 and under) including those leaving the care system
- People of Aboriginal descent If you meet this criteria and need assistance, call 250-248-2093 ext. 234

#### **HOMELESS SERVICES**

#### **CMHA Homeless Outreach**

Provides homeless clients support to access and maintain housing.
 Tuesday, Wednesday, Thursday
 9 am to 2 pm 250-240-5272

#### **VICTIMS SERVICES**

# If you are a woman escaping violence call: 1-888-756-0616

For other victim services:

- RCMP Victim Services 250-954-2277
- Haven Victim Services 250-248-3500

### **COLD WEATHER SHELTER**

# Currently there is no shelter.

#### **Published by:**

Oceanside Task Force on Homelessness 250-228-4065

# OCEANSIDE TASK FORCE ON HOMELESSNESS



Information for Shelter, Food and Other Services

lf you are in crisis and need help contact the

Vancouver Island

Crisis Line

1-888-494-3888

## YEAR ROUND SHELTERS

## **NANAIMO**

# Unitarian Shelter (Unitarian Church) 250-754-3720 595 Townsite Road



# Samaritan House, Open 24hrs

(Island Crisis Care Society)

250-753-1474

355 Nicol St, Nanaimo



(The Salvation Army) 250-714-1142

19 Nicol St, Nanaimo



# Friendship Lelum Youth Safe House

\*Youth (age 12 to 18) 250-753-8266



### **PORT ALBERNI**

Port Alberni Shelter Society,

Open 24 hrs

250-723-6511

3978 - 8th Ave

#### MEALS AND FOOD BANK

# **MEALS**

# **Salvation Army Soup Kitchen**

Mon, Tues, Wed, Fri II am - 1:15 pm 187 Alberni Hwy, Parksville

# St. Stephen's United Church

Thursday II am - I pm I50 Village Way, Qualicum Beach

## **FOOD BANK**

# The Salvation Army

Tuesday & Thursday, 9 am - 4 pm 886 Wembley Road, French Creek, 250-248-8793. By appointment, extra bread, fruit, vegetables, and other excess food may be available during weekday hours.

## **Manna Homeless Society**

Wednesdays 12pm—Ipm At Salvation Army Soup Kitchen 187 Alberni Hwy, Parksville Food, personal care items, medical advice & spiritual care.

## **HEALTH SERVICES**

#### **Oceanside Health Centre**

Urgent, Primary, & Integrated Community Care. Walk-in Counselling is available Mon-Fri, 10 am - 7 pm, 489 Alberni Hwy, Parksville, 250-951-9550

## **Family Place**

Public Health and Child/youth mental health and substance use 494 Bay St, Parksville 250-947-8242

## **SHOWER**

#### Location:

SOS Community Services Centre: 245 West Hirst, Parksville

Monday 8:45 am--11:15 am

& I pm—3:15 pm

Tuesday | I pm-3:15 pm

Wednesday 8:45 am--11:15 am

& 1:15-3:15 pm

Thursday I pm—3:15 pm

**Friday** 8:45 am--11:15 am

& 1:15 pm—3:15 pm